

# Broken Forest Packing Checklist

Day pack	
Bug repellent - diet recommended for tick areas	
Good hiking boot or shoe	
Cotton socks	
Sketchbook and drawing materials	
Journal	
Camera	
Sleeping bag suggested	
Towel - big enough to sit on	
Facecloth	
Hat	
Rainwear	
Flashlight (don't count on your phone)	
Small scissors or nail clippers	
Sunscreen	
Feast bundle (portable, non breakable dishes for eating)	
Pocket knife	
Bathing suit	
Portable first aid kit if you have one (we will also have these)	
Phone charger and battery recharge pack if you have one	
Single roll of toilet paper	
Personal toiletries	
Enough clothing for the duration of your tour	
Signed release form (included in this package)	

## General Release Of Liability Form

I, \_\_\_\_\_ (your name)  
HEREBY ASSUME ALL OF THE RISKS OF PARTICIPATING IN ANY/ALL ACTIVITIES being conducted by **NRCC** and **Broken Forests Group at Broken Forest Tours and Conference**, including by way of example and not limitation, any risks that may arise from negligence or carelessness on the part of the persons or entities being released, from dangerous or defective equipment or property owned, maintained, or controlled by them, or because of their possible liability without fault.

I CERTIFY that I am physically fit, have sufficiently prepared or trained for participation in this activity, and have not been advised to not participate by a qualified medical professional.

I CERTIFY that there are no health-related reasons or problems which preclude my participation in this activity. I acknowledge that this Accident Waiver and Release of Liability Form will be used by the event holders, sponsors, and organizers of the activity in which I may participate, and that it will govern my actions and responsibilities at said activity. In consideration of my application and permitting me to participate in this activity, I hereby take action for myself, my executors, administrators, heirs, next of kin, successors, and assigns as follows:

- (1) I WAIVE, RELEASE, AND DISCHARGE from any and all liability, including but not limited to, liability arising from the negligence or fault of the entities or persons released, for my death, disability, personal injury, property damage, property theft, or actions of any kind which may hereafter occur to me including my traveling to and from this activity, THE FOLLOWING ENTITIES OR PERSONS: **NRCC and Broken Forests Group** and/or their directors, officers, employees, volunteers, representatives, and agents, and the activity holders, sponsors, and volunteers;
- (2) INDEMNIFY, HOLD HARMLESS, AND PROMISE NOT TO SUE the entities or persons mentioned in this paragraph from any and all liabilities or claims made as a result of participation in this activity, whether caused by the negligence of release or otherwise.
  - (1) I acknowledge that **NRCC and Broken Forests Group** and their directors, officers, volunteers, representatives, and agents are NOT responsible for errors, omissions, acts, or failures to act of any party or entity conducting a specific activity on their behalf.
  - (2) I acknowledge that this activity may involve a test of a person's physical and mental limits and carries with it the potential for death, serious injury, and property loss. The risks include, but are not limited to, those caused by terrain, facilities, temperature, weather, condition of participants, equipment, vehicular traffic, lack of hydration, and actions of other people, including, but not limited to, participants, volunteers, monitors, and/or producers of the activity. These risks are not only inherent to participants, but are also present for volunteers.
  - (3) I hereby consent to receive medical treatment which may be deemed advisable in the event of injury, accident, and/or illness during this activity.

(3) I understand while participating in this activity, I may be photographed. I agree to allow my photo, video, or film likeness to be used for any legitimate purpose by the activity holders, producers, sponsors, organizers, and assigns. The Accident Waiver and Release of Liability Form shall be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law.

I CERTIFY THAT I HAVE READ THIS DOCUMENT AND I FULLY UNDERSTAND ITS CONTENT. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT AND I SIGN IT OF MY OWN FREE WILL.

**SIGNATURES**

\_\_\_\_\_ Name

\_\_\_\_\_ Signature

\_\_\_\_\_ Date